Sonic Theology
Sacred sound, Nadayoga and Vagyoga

Dr. Mark Dyczkowski
Workshop and sitar concert

Listen, listen carefully-
can you hear that Sound
resonating from the core of your being,
pervading all the universe?

In this workshop we will explore the spirituality of the Sound. We will learn how to listen and produce inner and outer sacred sound to heighten our consciousness of the sacred within ourselves and the world around us. It is common Hindu belief that the world is created by the intonation of the Vedas. The Vedas rest in Silence emerging into manifest form through the music and the rhythm of their Mantras. Threaded on the stream of the vital breath, language, sound and music combine to replicate the sonorous dynamism of a new, beautiful and sacred cosmos. In the Tantras, centuries after the Vedas, the same dynamism is understood to generate a pleroma of divine forms: vast pantheons of deities whose bodies are their Mantras and who govern worlds made of their same sonic substance. Their emergence in the realms of ritual action and Yoga is accompanied by the discovery of their presence in the body. The senses, the mind, the vital breath, the subtle body,
with its inner spinning wheels of energies, are all resonant with divine Sound. Streaming back and forth from the cosmos reflected within it along the subtle channels of resonant vitality, that pleroma of Sound is ultimately recognised to be the energy of the Deity who is consciousness. Listening thus turns into awareness which is discovered to be the uncreated Sound of the One Light of consciousness that radiates the universe that resounds within it as the reflective awareness of Its own infinite Being.

Dr. Mark Dyczkowski was born in London in 1951. He has published dozens of widely read and appreciated books on Tantra and Kashmiri Shaivism and is universally acknowledged in the academic world as one of the few foremost scholars in this field. He has lived in India for over 40 years and took initiation into Kashmiri Shaivism from Swami Lakmanjoo in 1976. Thus in him are combined academic excellence and sincere spiritual commitment. Immersed in music since his childhood, his performance of Indian Ragas on sitar and with the voice has given joy to thousands of people all around the world.

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4th and 5th of June 2016

**Saturday 4**  
10.30h -13:30h  
15:00h -18:00h

**Sunday 5**  
10:00h -14:30  
16:00h – Sitar concert

The workshop will be in English with simultaneous translation at Spanish. Places are limited, it is compulsory to make reservation at escuchaevolutiva@gmail.com

**Workshop price : 120 euros.**
**Sitar Concert Price: 30 euros.** Free for the workshop assistants.